



LIFE PROJECT FOR YOUTH ACCOMPANYING THE YOUNG LIVING IN POVERTY

Life Project for Youth

LP4Y's mission

In the world today, there are about 1.2 billion young people aged between 15 and 24, 550 million out of them suffer from malnutrition, illness and violence. It is calculated that in 2025, 1 billion young people will be living below the poverty threshold of 1.9 USD / day. In this situation, women are exposed to risks of prostitution, sexual abuses, early marriage, early births and exploitation at work...

In response to this desperate situation, the "Life Project 4 Youth" was created. This is an organization dedicating to the integration of young adults living in extreme poverty and exclusion, to accompany them towards social integration and professional inclusion.

LP4Y has set up entrepreneurial development centers known as « Life Project Centers» (LPCs), where young adults commit as team members to join the "Professional Training for Entrepreneurs" (PTE) for around 18 months.

During this PTE, the young adults experience the creation, development and management of a

micro-economic activity, which teaches them to take initiatives, hold responsibilities and become professional. They also catch up on their education, receive English, IT and other general knowledge, and are coached to improve their personal skills and build their Life Project Plan.

Since its creation in 2009, 996 young people have been accompanied.

LP4Y settled in Vietnam in 2014 and opened 3 centers in Hanoi and HCM City. More than 170 young people have already been accompanied.

In these centers, young women can prepare themselves to enter the professional world as strong women, ready to face difficulties, work hard for their dreams, and bring their energy, talent and creativity to companies where they work.

Indeed, young people facing extreme poverty are capable of becoming great entrepreneurs if someone gives them a smile, a supporting word, room to grow and trust.

TESTIMONIES OF YOUNG WOMEN:

**Dung, 19 years old,
HCM City**



Dung is member of the LPC in District 8, where a bakery and a lamp design activity have been developed.

I come from a poor environment. I chose to join LP4Y because it helps me to communicate in English with foreigners and teaches me many things that I don't know. When I learn, coaches help me to progress more.

My dream is to become a baker. Good luck for me! In LP4Y I learn how to make different kinds of bread, and to be creative in baking cakes. I want to learn more and practice to be ready for my future. After LP4Y, I will have a lot of experience on how to make bread and will be able to change my life.

I think a young woman should do what she likes, should have the activities she wants. She should be free and able to change everything to make her life better.

**Xoa, 18 years old,
Ha Noi**



Xoa is a team member of a program creating and selling bamboo decorative objects in the Song Hong LPC, where there is also a bakery program.

My first motivation in LP4Y is to learn for my future, I enjoy having new knowledge. I also like to present LP4Y to people, introduce our products to clients, plan my projects for the future and talk about my dreams during the guidance. With Woodies, I handle Bamboo and create colorful bracelets.

My dream is to become a chef and to undertake many challenges in my restaurant, and I will succeed to reach this perfect dream with passion. On this road, I trust myself and it gives me motivation to succeed in implementing my dream.

I would like to be a role model in the society. In my desired job, I want to be faithful and worthy of honor.

**Thuy, Ho Chi Minh
City**


Thuy has finished her time in the center of the professional world successfully. In the Go where she was, there is 2 programs around urban gardening and creation of furniture made from recycled materials.

Since December 2016, I'm a salesperson in Emart supermarket. After a 3 - month probation, I now signed a long term contract! My dream was to work in sales, and now I am working in supermarket. I set-up and check the products. The first day everything was new for me, but now it's good for me and I'm very proud of myself. I will try and learn more from my job.

Before, I was a student and learned in high school, when I finished I just stayed at home. I joined LP4Y in order to learn English, computer, and get more experience in life.

I learnt a lot experiences and skills. They helped me in English and computer skills. I also had guidance to give me advices in my life. Since I joined LP4Y, I become more sociable and confident. It is not too difficult to find a job after LP4Y because I am patient and I like this job.

In the future, I want to focus more on my job, and to join social activities to help other people. My advice for those who want to join in is to learn well, respect everyone and take responsibility for yourself!

